



Pain Management Nursing Exam Review

Course Description

This course will prepare the nurse experienced in pain management to successfully complete the exam. The course provides information for the pain management nurse, covering each of the topics on the test plan along with information on the pathophysiology of pain transmission, pain terminology and assessment of pain interventions, including the ethical issues in pain management.

Program Learning Outcomes

This program prepares the learner to:

- Develop an understanding of the normal pain pathways and the use of pharmacological and non-pharmacological ways to diminish these pathways.
- Relate pain assessment to interventions and outcomes, including acute, chronic and end-of-life pain.
- Perform more complete pain assessments, and interact with patients to improve coping and pain management.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

Foundations of Pain: Pathophysiology of Pain

Pathways | Effects of Chemical Substances | Common Terminology | Potential Complications

Foundations of Pain: Neuropathic Pain

Common Symptoms | Assessment Strategies | Best Pharmacological and Non-Pharmacological Management

Lunch 12:00 pm to 1:00 pm

Foundations of Pain: Common Pain Syndromes

Cancer Association | Surgical Management of Back Pain | Complex Regional Pain Syndrome

Foundations of Pain: Addictions

Reasons for Drug-Seeking | Patients with Substance Abuse

Teaching, Education and Collaboration

Key Points for Patient and Family Education | Collaboration with Other Healthcare Professionals

Crisis Situation/Ethics

Suicide Potential | Principle of Double Effect

Day 2, 8:00 am to 4:30 pm

Pain Assessment

Common Issues | Tools | Techniques for Pediatric Patients

Pharmacological Interventions

Side Effects of Opioids, Non-Steroidals | Conversion vs. Equianalgesic Charts | Commonly Used Opioids, Administration | Adjuvant Therapy

Lunch 12:00 pm to 1:00 pm

Surgical/Invasive Interventions

Intra-Arterial Techniques | Spine and Brain Stimulation | Intractable Pain

Complementary Interventions

Accreditation

RN/LPN/LVN/Other: 14 Contact Hours

Includes 4 Pharmacology Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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